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## **Status and prospects of improvement of physical education of lawyers**

**Abstract. Purpose:** to examine the condition and prospects of improving the system of physical education in higher legal education. **Material and Methods:** for research methods were used: analysis and synthesis of scientific and methodical literature, teacher observations, and the method of expert evaluation. **Results:** it was shown that for every legal specialization, there is only one optimal system factor, which provides maximum and reliable implementation of the tasks of professional activity in a certain period of time. Thus, a factor which the functional system of professional activities of lawyers to law enforcement officials of MIA of Ukraine performs the final result, which is different for specific professional activities. **Conclusions:** improving the process of preparing future lawyers law enforcement activities should be completed as in the direction of developing a comprehensive system of physical education with a graded approach to the specifics of the legal profession and the use of modern means of training. This technology education, in our opinion, will significantly reduce the time of social, psychological and physical adaptation to the characteristics of the students training in high school and the specific professional activity.

**Keywords:** students, legal orientation training, physical education, differentiated approach.

**Introduction.** The modern professional activity of experts in the jurisprudence is very many-sided and multidimensional that exposes strict requirements to the level of their vocational training and professionally important qualities. On the one hand, it is caused by a variety of legal specialties, in particular the law-enforcement activity, and on the another hand – by a complication of a socio-political situation in the country. Therefore, every time, professionalism of a lawyer is checked in each separate case or a situation. However nobody manages and maintains big tensions, cases of “professional burning out” come across. Thus, the modern society needs much better and profound training of a future legal expert.

In particular, a legal specialization (an investigator, a judge, a prosecutor, a notary, a lawyer) makes specific demands to an applicant. Therefore, each of them is guilty to take control by autonomous skills and abilities and only to this field of activity. So, the professional suitability to the chosen type of a profession, that is a compliance of physical, mental, intellectual and moral qualities of a person to objective requirements of a profession has a basic value for lawyers of the law-enforcement activity (an investigator, an operative of a criminal investigation department, security service, tax and customs police, military lawyers) [2]. It testifies to the need of the differentiated approach to training of future lawyers, taking into account a sphere of application of their work, especially at a stage of the higher education.

The available social-economic and political situation in the country influences by a considerable rank the traditional system of physical training of employees of law enforcement agencies of the Ministry of Internal Affairs of Ukraine and provides their high preparedness for the performance of professional activity. But for today cases of traumatizing and death of guards became frequent. It is undoubted that the insufficient level of the general and special physical training of lawyers of law enforcement agencies prevents them to fulfill the professional duties effectively.

The analysis of scientifically methodical literature and practice claim about the need of the essential revision of the statement of physical training for educational institutions of Ukraine, in particular in the highest legal educational institutions. The problem improvements of contents, forms and methods of physical training, and professionally-applied physical preparation are devoted to works of many authors [4; 6; 7; 10]. At the same time the data of researches have partially separate character, and also don't consider psycho-physiological bases of the motive activity.

In our opinion, the system research of this problem has to happen on the basis of the development of the functional system of training of future lawyers taking into account specific signs of their professional activity. To its base it is necessary to put basic provisions of the theory of functional systems of P. K. Anokhin [1].

The abovementioned indicates the relevance of the noted problem, that is caused a selection of the research subject.

**Communication of the research with scientific programs, plans, subjects.** The research was conducted according to the initiative subject of the RW for 2011-2015 of the chairs of physical training No. 1 and No. 3 of Yaroslav the Wise National law university, and also according to the thematic plan of the research work of Kharkov state academy of physical culture for 2013-2015 by the subject "The improvement of the process of physical training in initial institutions of a different profile".

**The objective of the research** consists in studying of a state and definition of prospects of the improvement of the system of physical training in higher educational institutions (on the example of the highest legal educational institutions).

According to the research objective the following tasks were put:

1. To analyze the maintenance of the system of physical training in the highest legal educational institutions.
2. To define ways of the improvement of the process of physical training in the system of the higher legal education.

**Material and methods of the research.** The following methods were used for the solution of tasks of the research: method of the analysis of scientifically methodical literature, pedagogical supervision, method of the expert assessment.

**Results of the research and their discussion.** The analysis of standardly legal documents concerning the bases of the organization, the development and the management of physical culture and sport in Ukraine, namely Laws of Ukraine "About physical culture and sport", "About education", "About the higher education" [3], and also the Statute about the organization of physical training and mass sport in higher educational institutions No. 4 of 11.01.2006 testifies that physical training of students acts as an integral part of the higher arts education and is regulated by the basic training program. This program determines the minimum obligatory level of the motive mode and physical fitness of students at all stages of a study.

In turn, according to "The state requirements of rather training programs on physical training in the education system", higher educational institutions on the basis of the curricula and the basic program have the right to concretize and supplement its contents taking into account educational-qualification requirements to experts.

Together with it the Ministries which have higher educational institutions which train workers which professional activity is carried out in specific or extreme conditions in the submission and needs vocational sports education, develop and approve training programs on physical training, considering features of training of such experts [4].

So, according to normative documents of the Ministry of law-enforcement bodies, special physical preparation of future investigating authorities of internal affairs is a component of study and provides the following sections of the educational process:

- sections of physical fitness (gymnastics, track and field athletics, cross-country skiing, swimming, hand-to-hand fight, overcoming of an obstacle course and rise on an assault pellet but other);
- control standards on physical fitness for men and women.

As for military lawyers, the state requirements concerning the level of their physical fitness provide the existence of military preparation, and also a military rank of an officer.

Undoubtedly, the most important part in the solution of a question concerning the improvement of quality of training of future lawyers is assigned to the professionally-applied physical preparation (PAPP), the purposeful development of psycho-physiological qualities acts as one of which main tasks to which the increased requirements belong in a concrete type of labor or educational activity. In scientifically-methodical literature they are called "criteria», which belong to the criterion of the professional suitability.

The results of a number of researches [5; 9] testify that the accounting of specifics of the professional activity allows increasing the quality of a study significantly. It is obvious that the allocation of special groups of students of legal higher education institutions according to a specialty of a legal profession, the accounting of specific features, and also the development of the corresponding techniques of their physical training will allow increasing the efficiency of training of future experts considerably. In our opinion, it is expedient to distribute legal specialties on three specific groups: 1) lawyers of civil activity (legal advisers); 2) military lawyers (prosecutors, investigators); 3) investigators (prosecutor's offices, law-enforcement bodies, security service). Such distribution will allow realizing the differentiated approach to a study much more effectively.

To understand prospects of the improvement of the system of physical training of law students, it is necessary to look at it from the point of view of the main positions of the theory of functional systems of P. K. Anokhin. This theory provides the attraction to the motive act of those subsystems of a human body which provides the normal effective activity.

The analysis of structure of the professional activity of lawyers of different professions showed that there is only one optimum system-creational factor for each legal specialization which provides the maximum and reliable realization of tasks of the professional activity in a certain interval of time. So, the end result acts as a system-creational factor of the functional system of the professional activity of lawyers for law enforcement agencies of the Ministry of Internal Affairs of Ukraine which is a miscellaneous for the specific professional activity.

Means of a study which will promote the fast assimilation of technology of physical exercises and the increase of a level of the development of motive abilities are widely used at the present stage in practice of physical training and sport various. The most perspective in this direction are technical means of the urgent information. The method of the urgent information is developed by V. S. Farfel [8] provides obtaining the urgent information on parameters of movements for the purpose of their adjustment.

It is undoubted that the use of means of the urgent information will allow increasing the quality of training of students considerably. Thus, the process of physical training has to contain such specific means, methods and forms, organizations of study which will promote the fast and long-term adaptation of functional systems of an organism to specifics of future the professional activity in the highest legal educational institutions.

#### Conclusions:

1. The analysis of the maintenance of the traditional system of physical training of students of legal educational institution showed that the traditional program by means of which training of future lawyers is carried out, today not fully meets the modern requirements, has no system character and doesn't consider specific signs of the future professional activity. The advanced native and foreign technologies of a study, pedagogical and medical control, and professionally-applied physical preparation don't find the practical application.

2. The results of long researches allowed establishing that for each legal specialization there is only one optimum system-creational factor which provides the maximum and reliable realization of tasks of the professional activity. Thus the distribution of students to specific groups: lawyers of civil activity, lawyers-guards and military lawyers will allow reaching new, better professional standard.

3. It is necessary to develop the complex system of physical training with the differentiated approach to a legal profession and the use of modern technical means of a study for the improvement of the process of physical training of future guards. This technology of a study will allow reducing considerably terms of the socio-psychological and physical adaptation of students to features of a study in higher education institution and specifics of the professional activity.

**Prospects of the subsequent researches** are provided to be carried out in the direction of the development of the complex system of physical training of lawyers of the law-enforcement activity with the differentiated approach to a legal profession and a research of its efficiency.

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Received: 25.02.2015.

Published: 30.04.2015.

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