

Renditions of national teams on wrestling on the World Cup of 2016

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Purpose: to carry out the analysis of renditions of national teams on wrestling on the World Cup of 2016.

Material & Methods: the analysis of 328 fights of highly skilled wrestlers is carried out.

Results: it is determined that the advantage of the strongest wrestlers consists in successful and stable use of technical-tactical actions near other factors during a duel meet and ability to impose to the rival the style of conducting a fight.

Conclusions: it is established that the offensive actions prevail as a part of the competitive technique, the fight is conducted constantly at high speed, and the techniques are carried out after the previous preparation, and in case the sportsmen is sure that the technique will be executed.

Keywords: competitive actions, national teams, effectiveness, wrestling.

Introduction

Every year the fight for prize-winning places escalates at the international on wrestling competitions, the leader constantly changes, both at sportsmen, and at member countries [6; 14]. It is connected with constantly increasing competition on the basis of introduction of achievements of science and technique in the training process and improvement of technique of training of sportsmen [8; 9; 12; 16].

The policy of the International Olympic Committee is oriented on the increase in staginess of competitions, and unentertaining sports are excluded from the Olympic program. So, the question of wrestling exception of the Olympic program as unentertaining sport was brought up after the Olympic Games of 2012 in London.

Therefore, the International federation of wrestling (UWW) against the purpose to increase staginess of duel meets carried out the number of changes in competition rules [5], and actions in support of wrestling as Olympic sport took place in many countries.

In September, 2013 at meeting of the IOC the decision was made to leave wrestling in the program of the Olympic Games 2020, 2024.

Analyzing the tendency of the development of wrestling in recent years, most of experts agree that for the development of wrestling, including as the element of the program of the Olympic Games, it is necessary to make effort for the increase in effectiveness of wrestling duels at preservation of high intensity of fight throughout the whole fight [2; 11; 14; 18].

The level of the technical and tactical actions (TTA) of a sportsman mainly defines his success in a duel meet [1; 4; 7; 15]. At the same time the analysis of the competitive activity

of highly skilled wrestlers and the strongest national teams of the world is urgent [3; 10; 13; 17].

One of the prestigious team competitions on wrestling is the World Cup in which the strongest national teams of the World take part, who took 1–8 places in the last World Cup.

Communication of the research with scientific programs, plans, subjects

The work is performed according to the plan of the RW of Kharkov state academy of physical culture.

The purpose of the research:

to carry out the analysis of results of performance of national teams on wrestling on the World Cup of 2016.

Research problems:

- to define the features of the competitive activity of wrestlers of high qualification on the World Cup of 2016;
- to establish the degree of efficiency of competitive actions of wrestlers from the different countries on the World Cup of 2016.

Material and Methods of the research

Research methods: analysis of scientific and methodical literature, pedagogical observation, analysis of protocols and video records of competitive activity of wrestlers.

Results of the research and their discussion

We made pedagogical observations of the competitive activity of sportsmen -wrestlers of high qualification. Wrestling competitions were the object of observation: World Cup (WC)

of 2016. 328 fights of f wrestlers are analyzed. The results of performance of national teams on two types of wrestling are given in the tables 1–4. In the comparative analysis of skill were considered: quality of victories and defeats; indicators (the points and techniques which were taking place in a fight).

The World Cup on free-style wrestling took place in Los Angeles (USA). The first place was won by the team of Iran which won 22 victories from 30 carried-out a fight (tab. 1).

The advantage of the Iranian and American wrestlers is noticeable (on 7 meetings) among victories on “touche” and purely by points. The Indian sportsmen are more often than others lost on points (10 duel meets), and the Turkish wrestlers – on “touche” (3 fights) (tab. 2).

The World Cup on Greco-Roman wrestling took place in Shiraz (Iran). The analysis of table 3 allowed establishing that the first place was won by the national team of Iran in Greco-Roman wrestling which carried out 32 duel meets and won 30 victories.

The Iranian wrestlers – 12 meetings have victories on “touche” and purely on points most of all. The German, Ukrainian wrestlers lost more often than others on points and on “touche” (9 fights).

The analysis of WC-2016 shows that along with other factors, the advantage of the strongest wrestlers consists in successful and stable use of simple technical and tactical actions during a duel meet and ability to impose to the rival the style of conducting a fight.

Conclusions

The analysis of competitive actions on the World Cup of 2016 allowed establishing that offensive actions prevail as a part of competitive technique, the fight is conducted constantly at high speed, and techniques are carried out after the previous preparation and in case a sportsman is sure that a technique will be executed.

High-class wrestlers have a high effectiveness of performance of a technique throughout the whole fight (within two periods).

Tactical preparation is of great importance when carrying out technical actions. It is very important in the course of wrestling to create or find ability in difficult, rapidly changing situation of wrestling duel favorable dynamic situations for carrying out the attacking and counterattacking actions.

It is defined that the national team of Iran in the World Cup of 2016 won the first place in free-style wrestling and Greco-

Table 1
Results of duel meets between teams in free-style wrestling

Nº	National teams	Results of meets				Final*	Won / Lost	Place
Group A								
1	Russia	6:2	6:2	4:4	–	3:5	19/13	2
2	Georgia	7:1	4:4	–	4:4	4:4	19/13	3
3	Mongolia	6:2	–	4:4	2:6	3:5	15/17	6
4	Turkey	–	2:6	1:7	2:6	3:5	8/24	8
Group B								
5	Iran	8:0	4:4	5:3	–	5:3	22/10	1
6	Azerbaijan	7:1	0:8	–	3:5	5:3	15/17	5
7	USA	7:1	–	8:0	4:4	4:4	23/9	4
8	India	–	1:7	1:7	0:8	5:3	7/25	7

Note. * – Finals: India-Turkey (for 7–8 places); Mongolia-Azerbaijan (for 5–6 places); Georgia-USA (for 3–4 places); Russia-Iran (for 1–2 places).

Table 2
Distribution of duel meets according to result in free-style wrestling

Place	National teams	Quantity of fights	Number of victories			Number of defeats		
			T	PP	P	T	PP	P
1	Russia	30	1	5	11	–	1	12
2	Georgia	30	2	3	12	–	6	7
3	Mongolia	30	2	1	10	–	7	10
4	Turky	22	–	2	4	3	5	8
5	Iran	30	–	7	13	–	–	10
6	Azerbaijan	29	–	4	9	1	4	11
7	USA	30	–	7	14	1	1	7
8	India	21	–	1	4	–	10	6

Note. T – “touche”, PP – purely on points, P – on points.

Table 3

Results of duel meets between teams in Greco-Roman wrestling

Nº	National teams	Results of meets				Final	Won / Lost	Place
Group A								
1	Russia	7:1	7:1	7:1	–	0:8	21/11	2
2	Belarus	3:5	6:2	–	1:7	4:4	20/12	5
3	Germany	3:5	–	2:6	1:7	3:5	15/16	8
4	Kazakhstan	–	5:3	5:3	1:7	4:4	21/11	4
Group B								
5	Azerbaijan	5:3	1:7	3:5	–	4:4	13/19	6
6	Turkey	6:2	1:7	–	5:3	4:4	16/16	3
7	Iran	8:0	–	7:1	7:1	8:0	30/2	1
8	Ukraine	–	0:8	2:6	3:5	5:3	10/22	7

Note. * – Finals: Ukraine-Germany (for 7–8 places); Kazakhstan-Turkey (for 5–6 places); Belarus-Azerbaijan (for 3–4 places); Russia-Iran (for 1–2 places).

Table 4

Distribution of duel meets according to the result in Greco-Roman wrestling

Place	National teams	Quantity of fights	Number of victories			Number of defeats		
			T	PP	P	T	PP	P
1	Russia	32	1	6	14	1	–	10
2	Belarus	32	1	3	10	–	8	10
3	Germany	32	–	3	6	1	8	14
4	Kazakhstan	32	1	5	9	1	6	10
5	Azerbaijan	32	–	3	10	1	4	14
6	Turkey	32	2	4	10	–	5	11
7	Iran	32	1	11	18	–	–	2
8	Ukraine	32	–	3	7	2	7	13

Note. T – “touche”, PP – purely on points, P – on points.

Roman wrestling. The team of Russia got the second places in two types of wrestling. The third place was taken by the national teams of Georgia (free-style wrestling) and Turkey (Greco-Roman wrestling).

Further researches will be directed to drawing up model characteristics of technical and tactical preparedness of highly skilled wrestlers of the Greek-Roman and freestyle styles.

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